

HEALTHY

pregnancy + baby

Where to get help for new and expecting parents.

Where do I go to find out if I am pregnant?

**Macomb County Health Department
Family Planning**

health.macombgov.org (search family planning)
586-469-5491

Compassion Pregnancy

compassionpregnancy.org | 586-783-2229

Your doctor's office



How do I find out about doctors and insurance?

Department of Health & Human Services (DHHS)
mibridges.michigan.gov | 586-412-6100

How do I get signed up for WIC?

Women, Infants & Children (WIC)

health.macombgov.org (search WIC) | 586-469-5471



Where can I go for breastfeeding support

**Macomb County WIC Breastfeeding
Peer Counselors**

health.macombgov.org (search WIC) | 586-469-6062

Macomb County Breastfeeding Coalition

breastfeedmacomb.weebly.com



Where can I get dental care during pregnancy?

My Community Dental Center (MCDC)

mydental.org | 877-313-6232

Macomb County Oral Health Coalition

health.macombgov.org/Health-OralHealthCoalition

** Gum disease in pregnancy is linked to premature and low-weight babies.*



Where can I go if I have more questions?

**Macomb County Health Department
Public Health Nursing**

health.macombgov.org (search public health nursing)
586-469-5520

Nurse Family Partnership

health.macombgov.org (search nurse family
partnership) | 586-466-6975

Michigan Maternal Infant Health Program (MIHP)

michigan.gov/mihp | 517-335-8898



health.macombgov.org/Health-BabyResourceNetwork
babyresourcenetwork@macombgov.org



Baby Resource Network of Macomb is a Community Action Team working to prevent infant deaths through collaboration with community partners by providing education and resources to support healthy pregnancies and healthy babies.

Learn More:
[health.macombgov.org/
 Health-BabyResourceNetwork](http://health.macombgov.org/Health-BabyResourceNetwork)

Contact Us:
babyresourcenetwork@macombgov.org



Baby Resource Network of Macomb Community Partners

Aetna Better Health of Michigan	aetnabetterhealth.com/michigan
American Indian Health & Family Services	aihfs.org
Beaumont Family Medicine Center, St. Clair Shores	beaumont.org
CARE of Southeastern Michigan	careofsem.com
Community First Health Centers	communityfirsthc.org
Compassion Pregnancy	compassionpregnancy.org
Early On Macomb	misd.net/earlyon
Embrace Grace	embracegrace.com
Great Start LLC (MIHP)	greatstartmihp.com
Great Start Macomb	greatstartmacomb.org
Henry Ford Macomb Hospital	henryford.com
Judson Center	judsoncenter.org
Kids' Health Connections	khcmi.org
Macomb Community Action- Head Start	mca.macombgov.org/MCA-CFS-HeadStart
Macomb County Community Mental Health	mccmh.net
Macomb County Health Department	health.macombgov.org
MDHHS-Children's Protective Services	michigan.gov/mdhhs
MeridianHealth	mhplan.com
My Pregnancy Coach (MIHP)	mypregnancycoach.org
Priority Health	priorityhealth.com
Roseville Fire Department	safebaby@roseville-mi.gov
Sacred Heart- Clearview Rehabilitation Center	sacredheartcenter.com
Silverspoon Home Services (MIHP)	silverspoonsmihp.com
Stork's Nest	zphib1929.org/storks-nest
Turning Point Inc.	turningpointmacomb.org
United Health Care	uhc.com
Wayne County Safe Sleep Initiative	waynecounty.com